

LITTLE ITALY NEWS • AUGUST 2008
www.littleitalytroy.org • troylittleitaly@gmail.com

NATIONAL NIGHT OUT 2008

The **25th Annual National Night Out**, a unique crime/drug prevention event sponsored by the National Association of Town Watches (NATW), has been scheduled for **Tuesday, August 5, 2008, 6-10PM**. As the name implies this event will take place **all over** our country on this evening. **National Night Out**

is designed to heighten crime and drug prevention awareness, generate support for and participation in local anti-crime programs, strengthen neighborhood spirit and police-community partnerships and send a message to those who do not respect our laws that neighborhoods are organized, expect accountability and are fighting back.

Participating neighborhoods in South Troy are Osgood/South End Neighborhood Watch, South Central Troy Neighborhood Watch, Burden Iron Works Neighborhood Watch and Troy Little Italy.

CELEBRATE NATIONAL NIGHT OUT IN TROY, NEW YORK

Here's the line-up for the evening of Tuesday, August 5, 2008.

SAFE CHILD Card Program sponsored by Rensselaer County Sheriff's Department, FREE at TAUM, 392 Second Street, from 6:00 to 8:00

TURN ON YOUR PORCH AND FRONT HOUSE LIGHTS, 7:00 to 10:00, shine a light, make the neighborhood bright and inviting, and street crime hates the light.

WALK AND TALK 7-8pm Take a walk in your neighborhood. Form a group with your friends and stroll the streets of Troy's Little Italy, that is Ferry to the Canal and Fifth Ave. Hill and Spring Streets down to First Street. You may choose to meet at PS 12 on Second St and stroll to Little Italy's MarketPlace with your neighbors joined by Troy Community Police Officers And Rensselaer County Sheriff Deputies. Not a walker? Sit outside your house or on the stoop, ask friends over to chat with you. The idea is to have a presence on the street.

CONGREGATE at Little Italy's Market at 8:00 for a **MEATBALL EATING CONTEST**, free pizza, soda and a movie in the market on Hill Street between Washington and Liberty. Three entrants have signed up and there's room at the table for a lot more folks. We know how you love to eat, here's the opportunity to show the world the true meaning of 'Mangia, Mangia!'



Mangia, Mangia, Meatball Eating Contest

Tues., Aug. 5, 8PM

Little Italy's MarketPlace

8:00PM following

National Night Out Walk & Talk

Free Pizza, Soda and a Movie in the MarketPlace

Hill Street between Washington and Liberty Streets

Register at Event or call Rocco DeFazio 518 271-

1111 or Marion Field 518 266-1406.

Meatballs by De Fazio's Pizzeria

HELP RESOURCES

Emergencies	911
Traffic Safety	270-5157
Non-Emergencies	270-4411
Downtown Station	270-4421
North Station	237-2398
South Station	273-1682
Community Police	270-4689
Special Operations	270-5854
Animal Control	270-4640
Tip Line, Anonymous	270-5004
Detective Unit	270-4426

TROY LITTLE ITALY INVESTS IN NEIGHBORHOOD

Our neighborhood organization, **Troy Little Italy**, has taken a big step towards establishing a home base. We were the successful bidder in the City of Troy auction, purchasing 212 4th St., at the intersection Liberty and Hill Sts., for the purpose of storing equipment used for our events. We plan to paint and appropriately beautify the corner sight, taking into account the neighboring Liberty Park and the Market Place across from our new building. Within six months we also must brick up a wall, paint the building, coat the roof and recoat the blacktop. We are looking for anyone who feels they have expertise in these areas and are willing to donate their time. Don Windelespecht, a member of Troy Little Italy and a 4th Street neighbor was instrumental in the purchase with his time and a large monetary donation. Plans will be discussed at our August 20th meeting at 7 pm at 233 4th Street. Please try to attend. We are still accepting donations for improvements. All donations can be sent to Troy Little Italy, 39A Hill Street, Troy, N.Y. 12180.



212 Fourth Street at Liberty St.



229 4th Street.

HABITAT FOR HUMANITY/ CYO TO HOLD SUMMER BASEBALL FUNDRAISERS AT THE JOE

Habitat for Humanity of Rensselaer County is excited about the opportunity to build a house in Troy's historic Little Italy at 229 4th Street. In partnership with the City of Troy, Habitat will construct a single family home on the vacant lot left when the City demolished the burned out building last fall. The City and Habitat plan to construct a 2 story brick front home keeping the look and feel of the neighborhood intact. Habitat hopes that the community will help make this project a reality by getting involved in supporting Habitat and by volunteering to help build the home. One good way to help is to join Habitat at a Valley Cats game and dinner on **August 6th** at 6:00 PM. Tickets are available for \$30 each by contacting Dave Blackman at 279-1548, our Habitat office at 273-6224, or Chris Turner at the Valley Cats office, 629-2287. Dinner includes hot dogs, hamburgers, chicken sandwiches, sausage and peppers, salads, chips, soda and beer(over 21 only) and watermelon for dessert. Please join us as 1/2 of the proceeds go to help Habitat build homes for families.

Come join the **Troy CYO Center** for an **Evening at the Joe**, Joe Bruno Stadium, Hudson Valley Community College, Troy, NY, Saturday, August 30, 7:00PM at the Top of the Hill Bar & Grill.

\$25.00 – Adults, \$ 20.00 – Children under 12, \$100.00 – Family of 4. Cost includes hot dogs, hamburgers potato chips, watermelon, soda, water, one beer voucher per adult. The picnic runs for the whole game. Please make reservations by August 21, call (518) 274-2630, Troy CYO, for information. Tickets to be picked up day of the game. Please make checks payable to CYO and mail to Troy Youth Association, P.O. Box 867, Troy, NY 12181.

TROJANEER IS HERE!

Little Italy continues to attract new business ventures to its highly visible and easily accessible storefronts. Our latest addition is the Trojaneer, a weekly goodnewspaper, located on the corner of Liberty and 4th St.

Bill Fry and Phil Autiletano, copublisher, state the publication's goal is to give people what they want, an entertaining and useful guide to living in our fair city. They're off to a great start with opinion, commentary, article by folks from the neighborhood, lots of items of local interest as well as color comics and puzzles, pics and quotes from us locals. **The Trojaneer**, 215 4th Street, Troy, NY 12180 518-951-6655, www.thetrojaneer.com

TROY LITTLE ITALY VISITORS CENTER TO OPEN

Our new Visitor Center will be opened Monday, Tuesday, Thursday, Friday starting August 11, 2008 at 10 am and will remain open until 2 PM. The hours will vary at first until times that will work for visitor's can be established. The center will be open on Wednesday during the Neighborhood Farmer's Market from 3 to 6 PM and every Saturday from 10 am until 2 PM. Please stop in with your pictures for our Troy Little Italy book which will be published in early 2009. The pictures we have collected so far will be on display.

SPECIAL THANKS FROM TROY LITTLE ITALY

We are always grateful for any donation we receive, large or small, a book of stamps, or just your time. Special thanks go to Sam Judge, Michael Esposito, Heather Hamlin and Jim Martin who donated to the building fund and to everyone else who are regular donors. Thanks to the businesses and groups which includes Mangione's Locksmith, Rod's Upholstery, Lusco Paper, Troy Pork Store, Caprara's Body Shop, DeFazio's Imports and Pizzeria, Spirits of Troy, The Trojaneer, USA Track and Field, Mike's Auto Body, Patricelli's Deli, Jessica's Dream, Washington Park Assn., Flavour Café, Allblues Sewing Service and Michelle's Floral Designs. Joining our regulars are Bernice Bornt, Mary McKean, Theresa and Catherine Cioffi, Marie Johnson, Elizabeth DeMaria, Karen Messick, Frank Visco, Tony DeFiglio, Jerry Cavato and anyone else we've omitted. If your name is not on the list, please contact Marion Field 266-1406 or mvf1406@aol.com to remind us. This list would not be complete without a "Big Thank You" to Mayor Tutunjian who is very supportive of our efforts, City Council members who are very supportive, Bob Mirch head of DPW who is always ready to help us at a moment's notice and to Dave Sheeran from Code En-

forcement and the Community Police officers who work with him, especially Chris McDonald and Colleen Goldston, to all their staff members who also assist us in so many ways.

SOUTH CENTRAL/LITTLE ITALY IN THE NEWS

The Trojaneer, July 25-31, 2008, p10. *'Che se dice? – Troy's Little Italy Farmers' Market'*. The farmers' market is open each Wednesday, rain or shine, from 3-6 PM at the historic MarketPlace on Hill Street between Liberty and Washington offering locally grown fresh produce, baked goods, herbs and plants, Italian specialties, cheese, gourmet spreads, hand-crafted arts and more.

The Record, July 24, 2008, p2. *'On the bright side . . . Joe Riley Golf Tournament a success.'* The tournament named in memory of deceased Troy Boy's & Girl's Club board member and Fifth Avenue resident Joe Riley raised more than \$7,100 for the club's activities and program.

July 23, 2008, p1-4. *'Fast thinking photog snaps crime photo'*, by Danielle Sanzone, photos by Reilly Job and Tom Killips. Neighborhood youngster Reilly Job, 11, was on hand with a new camera to take photo of crime scene shotgun and evidence technician following Hill Street attempted burglary.

July 1, 2008, p13. 'Thumbs up . . . To the residents of the Fourth Street neighborhood for recreating the 1953 Norman Rockwell painting "The Street Was Never The Same" which they turned into a day-long celebration.'

BEST OF 2008!

Local establishments and individuals did well again in Metroland's annual 'Best of 2008 Readers' Poll'. Best Pizza, a perennial winner, was Little Italy's **DeFazio's Pizzeria** while **Testo's** in the 'Burgh was selected Best Italian (Southern). Best Middle Eastern, Best Mediterranean and Best Caribbean were Al Barak, **Ali Baba** and **First Choice Caribbean**. Two distinctive Broadway eateries, Tosca Grille and **Shake Shake Mamas** won in their categories, Best Brunch Buffet and Best Smoothies. A Troy institution, **Famous Lunch** was a sure winner for **Best Little Hot Dogs**. If pub hopping is your thing, **Brown's Brewing Co.** was voted Best Brew Pub, **The Ale House** was selected as Best Pub Food, Best Bar was **Ryan's Wake** and Josh Downs of **Jose Malone's** was selected as Best Bartender. Don Demers of **Full Effect Tattooing** won Best Tattoo (Solo). Best Comic Book Store - **Aquilonia Comics**; Best Record Store (Hangout) – **The Beat Shop**; Best Record Label – **Collar City Records** and Best Antique Store (Upscale) – **Living Room Antiques**. A newcomer to Troy, **The Paper Sparrow**, won Best Hand-Crafted

Gifts. The Troy Waterfront Farmers Market was voted **Best Farmers Market** and **Troy Night Out** was voted Best Arts Night. Finally, with a special Metroland notation "wishing every public employee worked this hard", **Sgt. David Dean** of the Troy Police Department is recognized as Best Public Information Officer (in addition to leading a team of police with a terrific record of making arrests and keeping us safe so we can enjoy all the best that Troy has to offer). Congratulations to all!

PUTTING A BOOK TOGETHER- WITH YOUR HELP!

Submitted by Mike Esposito

This month members of our book committee, Marion Field, Frank Visco, Dan Lennon and I are focusing on obtaining additional photographs of local organizations and businesses important to residents of Troy's Little Italy. While we make individual contacts on a daily basis we find that appeals in our newsletter are an important way to contact people.

Several years ago we received, photocopied and returned original copies of some great old photos that we would once again like to borrow and scan in the computer (which we didn't do the first time we had the photos) – specifically one of a 1930's era gathering of dozens of neighbors at a picnic sponsored by the Cervinara Club, another of members of the Frozalone Club on Spring Avenue and a group picture several dozen members of the C.R.A.B. Veterans Post at a clam steam. Over the years residents of our neighborhood have devoted much time, talent and energy in volunteering to be of service to the community. Photographs of individuals and groups working on projects and at events for institutions and organizations based in the neighborhood are needed to help tell our story.

Remember the dozens of small shops that lined Fourth Street for many years from Ferry to Ida? Other small businesses were scattered on Hill Street and several of the side streets. If you have any photos of Little Italy businesses, interior or exterior shots, we would appreciate borrowing them to add to our collection. In the meantime some of the additional "gems" we've added recently include a 1938 photo of members of the Troy Boy's Club Drum and Bugle Corps, several remarkable old photos of the old public market and activities at the Italian Community Center.

There are several ways to reach us if you have photographs or images to share. Contact us through our email address, troylittleitaly@gmail.com or call **Marion Field** at **266-1406**. Stop by our information table at the **Little Italy Farmers Market** every Wednesday, 3-6 PM, at the historic pub-

lic market on Hill Street. Frank, Marion and I are there with a binder full of hundreds of old photos. We can use your assistance in identifying people and details in the photos. The time we spend at the old market place is made enjoyable because of the people who stop by to chat.

TROY CORDAGE COMPANY A BUSINESS FROM THE PAST

It has been said that Michael S. Macari sold enough string and rope each year to encircle the globe. Michael and his wife Eleanor operated the Troy Cordage Company in a Fifth Avenue building formerly located between Washington and Liberty Street. The cord and string products he sold were made from twine and hemp and came from all over the world including Portugal, Mexico, India, the Philippines and Italy. His customer base included farmers, manufacturers, state governments, feed dealers, and businessmen located in New England and the Eastern states as far south as Virginia. Mike enjoyed talking about his specialty business to neighbors who would shop at the local grocery store. He shared the first floor of a two story commercial/residential building at 1312 Fifth Avenue with his sister Carmen and her husband George Corey (Khoury), proprietors of the neighborhood grocery. The cordage company warehouse and office was in the rear of the property and the groceries were sold in the front. Mike, Carmen and their daughter Maria lived in an apartment above the business until the building was demolished in ??? for what was to be an arterial through the neighborhood.

TROY CITY COUNCIL CHARTER TO BE REVIEWED

The Troy City Council Charter Review Commission invites all citizens to attend a meeting on **August 13, 2008, 6:30 PM** in the Troy City Council Chambers to comment and/or deliver written suggestions regarding the proposed updating the Troy City Council Charter. Comments or recommendations submitted by mail are also welcomed. Please mail them to the Troy City Charter Review Commission, c/o City Clerk, City Hall, Troy, NY 12180.

ITALIAN COMMUNITY CENTER'S 20TH FESTIVAL TO INCLUDE LITTLE ITALY FARMERS' MARKET!

Submitted by Frank La Posta Visco

One hundred years ago this September, Troy's fraternal organizations, businesses and places of worship joined together to observe what they called "Troy Week," a celebration of civic pride and public progress. That spirit of cooperation lives on today, as evidenced by the recent announcement by Joe Mazzariello and

Vince Mamone of the **Italian Community Center (ICC)**. They agree that there's never been a better time to reach out to everyone in Troy – including the lively Little Italy enclave where community spirit is high and love of Troy is unsurpassed.

So, in addition to the usual fabulous features that draw thousands to the ICC Festa Italiana every September, this year, many of the vendors from the Wednesday **Little Italy Farmers' Market** have been invited to move their tents to the grounds of the ICC for two additional days that week -- on Saturday and Sunday, September 6th and 7th.

This year the Festa, which benefits social organizations in Troy, will begin on Friday, September 5 from 5 to 11, continue on Saturday the 6th from 5 to 11, and on Sunday, the 7th, will begin right after a special noon mass to be celebrated in the ICC Main Hall, and wind down at 6 pm.

For three days, you'll find the crowd-pleasing spread of delicious, traditional Italian foods, wonderfully prepared by the expert ICC kitchen maestros. You'll also find fun rides for the family and a kid-pleasing bouncy-bounce, plus three days of great live music – featuring three of the most popular bands in the area.

On Friday and Saturday, for those 18 and over, there'll be games of chance in the air conditioned ICC hall. The weekend will also see appearances of some of Troy's favorite radio personalities at several of the Festa's special events.



In addition to The Little Italy-sponsored Farmer's Market, Mike Esposito will be on hand, sharing his amazing knowledge of South Troy's history and showing selections of the photos he's still gathering for the soon-to-be-published Arcadia book, "Troy's Little Italy." If you have family photos you haven't shared, or you can identify any of the people or places in the other photos, be sure to see Mike at the Little Italy Tent at the Festa.

There isn't room here for all the details of this year's Festa Italiana, so watch your newspapers and listen to your favorite radio stations to learn more. Meanwhile, mark your calendars, let your family friends know about the new look and "come one, come all!" What a fitting event for the 100th anniversary of "Troy Week."

The Italian Community Center is in Troy's Little Italy, at 1450 5th Avenue, just two blocks south of Congress Street.

HEALTHY NEIGHBORHOODS PROGRAM

The Rensselaer County Department of Health Neighborhoods Program is a primary prevention program designed to provide preventive environmental health services to a specific area. Their main goals are to prevent childhood lead poisoning, improve the health and quality of life of individuals with asthma, improve indoor air quality and reduce related illnesses and reduce the number of residential fires, related injuries and deaths.

Public Health Aides Deanna Miller and April Dennis will answer your questions and/or concerns about this program which also distributes educational pamphlets, conducts statistical research and offers free smoke alarms, radon detectors, and fire extinguishers to residents in specific areas. They can be reached at (518) 270-2693 and 270-2640. Rensselaer County Public Health Director is Mary Fran Wachunas.

BIKING IN TROY

Bike Polo - Sunday 3 PM - Monument Square. Never played before? Never heard of it before? That's OK! Pick up games happen every Sunday at 3 PM in Troy. Mallets provided. Meet at Monument Square (game may migrate - still looking for the prime location) Contact: Jesse 206-650-9097. Join the Google group here: <http://groups.google.com/group/troybikepolo>.

Troy Bike Rescue (TBR) - Monday 6 PM - The Yarden (9th & Hutton) Like to wrench on bikes and/or want to hang out and learn with other bikeheads in a garden? Come help TBR fix up donated bikes to get back on the streets.

Free access to bike tools for your own ride too. Contact: Andrew 518-573-7947 www.troybikerescue.org

Tuesday Nite Rides - 8:30 PM - Old Fresnos (near the Green Is. bridge). Super fun night rides through the streets paths of Troy and neighboring towns. Destination/route decided on the spot... bring your ideas! Headlights and blinkers encouraged. Just show up at 8:30PM at Fresnos. Ride leaves at 9PM.

Also - come out to the **bike booth** hosted by Troy Bike Rescue at the Troy Waterfront Farmers Market, 9AM to 1PM on August 23

NATIONAL NIGHT OUT AUGUST 5

National Night Out is Tuesday, August 5th. One of the goals of National Night Out is to strengthen neighborhood spirit and partnerships with police. Last year seven Troy neighborhood groups participated (most for the first time) by holding BBQs, pot lucks, bike helmet giveaways, urging neighbors to keep lights on, and more. Hundreds of people joined in.

For more info about National Night Out go to www.nationaltownwatch.org. For information call Hilary Lamishaw, Director of Community Affairs, Troy Rehabilitation & Improvement Program (TRIP), Inc., 415 River Street, Troy, NY 12180, 518 272-8289 x214, 518 272-1950 fax, hilary@tripline.org.

GOING INTO BUSINESS?

Learn what you need to know to start and run a successful small business at an intensive eight session training course offered by Capital District Community Loan Fund in partnership with the School of Business of the College of Saint Rose. Class topics include developing a business plan, strategic planning, marketing, sales forecasting, financial management and analysis, legal, insurance and tax issues. The course provides fundamental planning concepts and tools to help existing and potential business owners. The training prioritizes businesses owned by women, people of color and/or low income people. The sessions will be led by Mike Mathews, DBA, professor of Entrepreneurship & Strategic Planning who also has started and run a number of successful business ventures. Guest speakers will also participate. Beginning Saturday, September 20 and running for eight sessions, all classes will be held on Saturday mornings from 9:00 am to 12:00 PM on the campus of the College of Saint Rose. Free parking is available. The tuition for the course is \$160 and includes class materials and light refreshments. Scholarships may be available for CDCLF clients. Enrollment is limited.

CIVIL SERVICE EXAMINATIONS

The City of Troy has announced civil services examination dates for the positions of Senior Engineering Aides, and Engineering Aide and Police Captain. Filing deadlines are in August with the examination dates scheduled for September, 2008. A non-refundable filing fee is charged. For specific information contact Nancy Matthews, Personnel Associate City of Troy, City Hall, Troy, NY 12180, 518-270-4494/518-270-4486 (fax), nancy.matthews@troyny.gov.

IRISH MIST

Sunday, August 3, is Polish Irish Day 3PM, featuring Frank Jaklitsch and the Rymanowski Brothers Polish Band.

Saturday, August 16, Cabaret with Amanda Love and Carmie Hope, 8PM.

Music **every Sunday** in the new picnic area, 3PM. Canal and Third Streets, Troy, NY.

REAL ESTATE OPPORTUNITIES IN LITTLE ITALY

1 FAMILY

64 Washington St., \$189,900, Judith, 821-7284

2 FAMILY

50 Ida Street, \$24,900, Leon, 727-7493

307 3rd Street, \$113,500, Ian, 339-3248

182 Ida Street, \$89,900, Jessica, 346-8600

82 Ida Street, \$99,000, Jessica, 346-8600

65 Hill St., \$92,900, William, 331-4755

MULTI UNITS

276 3rd Street, \$179,900, Theron, 279-1166

1 Irving Place, \$249,900, Richard, 852-1365

45 Ida Street, \$19,900, Todd, 369-7247

193 Second St., \$445,000, Karen, 892-1326

182 Ida St., \$89,900, Jessica, 346-8600

82 Ida St., \$99,000, Jessica, 346-8600

65 Hill St., \$92,900, William, 331-4755

COMMERCIAL

230 Second St., \$195,000, Jonathon, 279-1900

FOR RENT

3rd floor apartment Available June 1st suitable for 1 or 2 people in owner occupied building. Washer/dryer hook-up in basement. \$600 + utilities and security. Call 273-7336.

2nd Floor flat newly rehabbed. 2 bedrooms with an office, hardwood floors, and fenced yard. No pets. References and Security. \$800 + utilities. Call John for more info @ 274-0347.

WORSHIP AND ADVOCACY IN LITTLE ITALY

St. Mary's Catholic Church

Third & Washington Sts. Troy, NY 12180

Weekend Masses: Sat. 4 P.M. Sun. 10 A.M.

Weekday Masses: Tues., Thurs., Fri. 9 am

Soup kitchen: Wed & Thurs., 4-5, ongoing.

Volunteers needed.

Con'd p5.

St. John's Episcopal Church, 1st and Liberty

Street, Sunday services at 8 & 10 A.M.
The Basement Thrift Shop: Wed. & Sat.
9 AM–Noon, on-going.

St. Anthony Of Padua Shrine Church

28 State Street Troy NY 12180

Weekend Masses: Sat., 4:30PM. Sun. 9AM & 10 AM, En Espaniol 12PM, 5:30PM (during July & Aug. only), Weekday Masses Mon.—Thurs. 7:15AM & 12 PM

St. Ann's Maronite, 184 Fourth Street, Mass: Saturday 4 PM. (except 1st Sat. of month), Sunday 10 AM.

Beth Tephilah Synagogue, 82 River Street, Saturday 10 a.m. service.

Congregation Berith Shalom

167 Third Street, Friday service 7:30 p.m.

United Ordained Church Of Christ

292 Third Street, Sunday: 10 a.m. Sunday School , 11 a.m. Worship, Wednesday: 6:30 p.m. Bible Class.

TROY KNITTERS

Troy Knitters meets the first and third Tuesday of each month 6-7:30PM at Flavour Cafe, 228 Fourth St. Troy, NY. All skill levels are welcome, and we'll teach you to knit or crochet if you don't yet know how! For Information go to www.troyknitters.com

**EVERY KITTY-EVERY CITY
FREE FERAL CAT WORKSHOP**

On August 11, 2008 5:30PM, at Troy Public Library, 100 2nd Street, Troy, NY. Feral aka homeless, cats are part of our community landscapes. If you think that feral cats deserve to live, then this FREE workshop is for you. Local feral cat caretakers will be present to discuss how to work with feral cats, ongoing colony management, mediation, basics of trapping, and Trap - Neuter- Return (TNR). Literature from Alley Cat Allies will also be distributed. All are welcome to this FREE workshop. Feel free to bring along a brown bag dinner. Please call the Information Desk at 518 274-7071 to register.



PREGNANT OR HAVE ANEW BABY??

The Community Health Worker Program coordinated through Whitney M. Young, Jr. Health Services' Troy Health Center can help you!

This program is FREE and open to Rensselaer County residents. Whitney Young's program can connect you with the following services and resources for FREE:

- Assistance with applications for Medicaid, Child Health Plus and WIC
- Medical, dental, substance abuse and mental health referrals
- Basic health information on a range of topics including HIV/AIDS education, family planning and breastfeeding
- Education to improve parent-child interactions and normal child development
- Case management and home visiting services. To have a confidential conversation about how the Community Health Worker Program can assist you and your family, please call Whitney Young's Troy Health Center at 518-833-6900, 6 102nd Street • Troy, NY 12180 518-833-6900, www.wmyhealth.org.

A NEWER, BETTER HYDRANT

The City of Troy is upgrading its infrastructure little by little. In his case, a new fire plug was installed by necessity when the old met its fate as a motorist took a wide left at Fourth and Division, knocking it over. Water bubbled forth until DPW could get it shut off. Now a bright new shiny one stands ready and in place. Pups take note. .



Fourth and division



....a deep subject



Cinema Under the Stars

Troy Night Out

(Il cinema Sotto le Stelle)

at The MarketPlace on Hill St. in Troy's LITTLE ITALY



SPONSORED BY THE FRIENDS OF LITTLE ITALY,

A. DEFAZIO IMPORTS & PIZZERIA

Friday, June 27th

Fellini's "AMACORD"

In this movie Fellini portrays his home town of Rimini as he remembered it in '30s, during his young days. The film won the Academy Award for best Foreign Language film in 1975. "A totally accessible film. It deals directly, hilariously, and sometimes poignantly with the good people of this small town," said Robert Ebert of the Chicago Sun times.

Friday, July 25th

Silvio Soldini's "BREAD & TULIPS"

An unhappy housewife, accidentally left behind by a tour bus, heads to Venice and soon embarks upon a new life. Leaving her hot-headed husband and teenaged children behind, she meets a melancholy waiter who opens the door to his home and a door to a new beginning for her. One of Italy's biggest recent commercial and critical hits, this film won 9 Donatello Awards, including Best Picture, Actor (Bruno Ganz), Actress (Licia Maglietta), and Director. "Seeing Bread and Tulips may not be as good as having an actual holiday in Italy, but it's close" (Shirley Sealy, Film Journal International).

Friday, August 29th

Gabriele Salvatores' "I'M NOT SCARED (Io Non Ho Paura)"

Oscar-winning director Gabriele Salvatores (Mediterraneo) eerily examines a kidnapping and its horrors through the eyes of a small child. Ten-year-old Michele's childhood is forever altered when he discovers a malnourished and mistreated child imprisoned at the bottom of a pit in the middle of a wheat field. Michele's innocence and naivete are slowly worn away as he learns the truth about the kidnapping and the adults in his village. "A virtuoso piece of dark storytelling" (Robert K. Elder, Chicago Tribune).

Friday, September 26th

Stanley Tucci's "BIG NIGHT"

Starring Stanley Tucci and Tony "Monk" Shaloub. A failing Italian restaurant run by two brothers gambles on one special night to try to save the business. This film won the Waldo Salt Screenwriting Award at the Sundance Film Festival. This film also boasts a terrific soundtrack, with music by Louie Prima and Rosemary Clooney.

Films at 8:45 pm, BYO Chair

IN CASE OF RAIN WE WILL MOVE INTO THE GASHOLDER BUILDING LOCATED ON SHORT 5TH BETWEEN JEFFERSON AND ADAMS.

Troy Neighborhood Markets

AUGUST 2008
TROY, NY

EVERY WEDNESDAY, 3-6 PM THROUGH OCT. 8, 2008 HILL ST. BETWEEN LIBERTY AND WASHINGTON ST., TROY, NY

DO YOU HAVE SENIOR OR WIC FARMERS MARKET NUTRITION PROGRAM CHECKS?

The Troy Neighborhood Farmers' Market - Little Italy is a FMNP participating market. Both the Senior and WIC FMNP checks are specifically for purchasing fresh fruits and vegetables at Farmers Markets (regular WIC coupons cannot be used at Farmers Markets). You can use your FMNP checks at any of our participating vendors booths to buy fresh fruits and vegetables (note that no cash change is given - you have to spend the entire amount of the check). You must be already participating in the WIC program to be eligible for the WIC FMNP checks. For more information about WIC FMNP, please call 272-6159.

The Senior FMNP checks are distributed to low-income seniors on Tuesdays and Thursdays from 9am - 12noon at the Senior Center at 19 3rd Street in downtown Troy. Seniors need to provide proof of income and residency to be eligible for this program. For more information on Senior FMNP coupons, please call 270-5348 or visit your nearest Senior Office.

Coming in August, EBT/credit/debit cards will be accepted at Troy Neighborhood Farmers Market - Little Italy. It's easy to use your Electronic Transfer Benefits (EBT) to buy fresh, healthy produce and other foods at the Farmers Markets. To use your benefits at any of our Farmers Market, simply go to the Market information booth, tell the staff how much money you would like to spend, and swipe your EBT card for the amount you request. You will then be given tokens for that amount to buy fresh produce and other foods at the Market. Note that you cannot use your EBT tokens to buy flowers or other non-food items. Additionally the Humpty Dumpty Institute has funded a new program that ties a coupon program to EBT benefit usage at farmers markets. The NY Fresh Checks, is a \$5 coupon incentive for food stamp customers to use at farmers markets participating in the NYS Farmers Market Wireless EBT Program using a central terminal. The program allows markets to issue a NY Fresh Check to every customer who purchases a minimum of \$5 in EBT tokens each market day, thereby increasing their purchasing power to shop at the farmers market. Each customer is allowed only one NY Fresh Check per market day, but is encouraged to come back to the market week after week to earn additional NY Fresh Checks each market day. The goal of the program is to increase the demand for locally grown fresh foods at farmers markets among food stamp customers, increase the usage of food stamp benefits at farmers markets and change dietary habits of food stamp customers to include more fresh fruits and vegetables from local growers by helping to change shopping habits over time.

What's In Season for

August

FRUIT

apples, blackberries,
blueberries, cantalopes,
currents, peaches, pears,
plums

VEGETABLES

beans, beets, broccoli,
cabbage, carrots, cauliflower,
corn, cucumbers, eggplant,
greens, herbs, lettuce, leeks,
mesclun, onions, potatoes,
radishes, scallions, spinach,
summer squash, swiss chard,
tomatoes, winter squash,
turnips, zucchini



Events

Mike Esposito and colleagues

continue to man the Little Italy booth with photos and stories. The cover for his upcoming book has been selected and it's a beauty. Drop by and chat with Mike; maybe you have some information to add to the book.

Throughout the month of August, **Colleen Skiff** of the Fulton Street Gallery continues to bring interactive art to the market with a sculpting demonstration/workshop. Open to all ages this is a great opportunity to try your hand at creating your own art. A nominal fee will be charged.

On August 6th, **Pat Bohrer of Eastside Weavers** will be offering a silk scarf painting demonstration. For more information about this demonstration or upcoming events at her studio, contact Pat at 274-1931 or www.eastsideweavers.com.

Also on August 6th and 20th Cornell Cooperative Extension will be returning to the market with recipes and cooking demo using products found there at the market. Ask the pros how to prepare or store your favorite fresh food.

Perhaps you have a garden of your own and some questions? Capital District Community Gardens will be attending the market August 13th, and August 27th. They will be there to help you with your gardening questions and provide information about all of the wonderful programs they offer.

Our events calendar continues to fill up. Something different each week, so stop in to check for unscheduled events.

Look for Troy Neighborhood Markets at Festa, September 5,6,7, 2008 at the Italian Community Center. For more information contact Jean Krueger 272-4972 or Donna Mullen 793-2032 Troy Neighborhood Markets - PO Box 307 - Troy, NY 12181 troyneighborhoodmkt@gmail.com